



DISCOVERY DAYS!

Kumquats

- They are tiny citrus fruits that can be eaten whole. They have a sweet skin, but a slightly sour flesh. Just be sure to wash them thoroughly.
- You can find kumquat hybrids fruits such as limequats, mandarinquats, and orangequats.
- They can also be pickled, candied, made into a relish or marmalade, used in desserts, or used to season meats.
- Kumquats grow on small trees and are believed to be native to China.
- They start growing as a green color and will change to a bright yellow-orange color when ripe.
- Unlike many other citrus species kumquats are very sturdy fruits and can withstand hot and cold growing temperatures.

TRY SOMETHING NEW!

April 17th 2018

aramark 