*Castleberry Independent School District*

*Department of Student Services*

*5001 Melbourne Road •Fort Worth, Texas 76114 • (817) 252-2070*



**Precautionary Measures to Prevent the Spread of Swine Flu**

* **Educate and encourage students and staff to cover their mouth and nose** with a tissue when they cough or sneeze. Also, provide them with easy access to tissues and running water and soap or alcohol-based hand cleaners.  Remind them to cover coughs or sneezes using their elbow instead of their hand when a tissue is not available.
* **Remind teachers, staff, and students to practice good hand hygiene** and provide the time and supplies for them to wash their hands as often as necessary. Post hand washing posters and instructions on how to wash your hands properly. Encourage frequent use of hand sanitizers.
* **Send sick students, teachers, and staff home** and advise them and their families that sick people should stay at home until they are fever free for 24 hours without fever reducing medications.
* **Clean surfaces and items** that are more likely to have frequent hand contact such as desks, door knobs, keyboards, or pens, with cleaning agents that are usually used in these areas.
* **Move students, teachers, and staff to a separate room** if they become sick at school until they can be sent home. Limit the number of staff who take care of the sick person and provide a surgical mask for the sick person to wear if they can tolerate it.
* **Have Personal Protective Equipment (PPE) such as masks** available and ensure the equipment is worn by school nurses and other staff caring for sick people at school.
* **Encourage early medical evaluation for sick students and staff** at higher risk of complications from flu.  People at high risk of flu complications who get sick will benefit from early treatment with antiviral medicines.
* **Stay in regular communication with local public health officials.**